# MENTOR COACHING FOR ICF CERTIFICATION



### WHY?

To achieve ACC with the ICF the coach is required to receive 10 hours of Mentor Coaching over a minimum period of three months.

A minimum of three of these hours must be 1-2-1, and the rest can be in a group.

### HOW?

The course and all sessions will be delivered via Zoom and facilitated by myself.

It being me, there will be a highly supportive environment with plenty of stretch, challenge, and 'learning by doing'.

### **PRICING**

### £1095

A deposit of £100 is required to confirm your place.

"I've learned how I coach best. To let go of all the preconceived ideas and just be my authentic self. I've slowed down, I'm more present with my clients and I've more of an understanding of the ICF competencies."

> Hazel Executive Coach

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# WHAT'S IN THE PROGRAM

Three group sessions over a three-month period (2.5 hrs  $\times$  2 + 2 hrs  $\times$  1):

- Tuesday Feb 6th 9am 11:30am
- Tuesday Mar 5th 9am 11:30am
- Tuesday Apr 2nd 9am 11:00am

Two individual mentor coaching sessions with me (1.5 hours each):

 You'll be able to book your individual sessions at a time slot of your choosing.

## WHAT YOU WILL ACHIEVE

Completion of the program will give you the 'magic number' of Mentor Coaching hours for your application.

More broadly, it will give you:

- A greater competence in your coaching practice.
- A better understanding of the 8 ICF competencies and their markers.
- A deeper confidence in your ability and skills as a coach.
- Further readiness to submit your ICF ACC application.

